

Emergency Medical Life File

Benefits to Emergency Medical Teams:

- Corrective treatment can begin at once.
- Instantly know medical history of patient.

Benefits to each individual:

- Peace of mind knowing they will have prompt and quality care.
- Easy access to potentially life-saving information.
- Assurance the proper persons will be notified quickly.

Benefits to hospital emergency staff:

- On arrival, data is immediately available to medical staff.
- No wasted time getting information from a confused patient.



Forney Fire Department

104 E. Aimee
Forney, Texas
75126

Phone: 972-552-2211
Fax: 972-564-7369

Emergency Medical Life File

**Every Second Counts
The Life We Save
Could Be Yours**

*Class 2
I.S.O. Rating*



Forney Fire Department

Emergency Medical Life File Instructions

1. Fill out the medical information and be sure the information is accurate and legible. If necessary have someone assist you.
2. Use pencil where you fill in the medications and where you date the information to allow future updates.
3. When completed, place on the outside face of your refrigerator.
4. Keep all medical data up to date.
5. Whenever there is a change in medications or dosage be sure to change it on your sheet and re-date the information.
6. Take the file with you when you visit your doctor.
7. Place any D.N.R. Orders, Living Wills, Advanced Directives, Medical Power of Attorney, etc... paperwork in the packet.



What is the Emergency Medical Life File?

The Emergency Medical Life File originated over twenty years ago in a slightly different form as the Vial of Life, which was kept inside the refrigerator. But the small vial, with a piece of paper containing medical information inside of it, kept getting lost. In addition, when moisture accumulated in the vial, the information became unreadable. The Emergency Medical Life File being placed on the outside of your refrigerator will speed up the process of administering life saving medical treatment.

Words of faith for Emergency Medical Life File

EMT's have assured us that the information contained in the Emergency Medical Life File would not only be helpful, but potentially lifesaving. Listing the persons to contact when an emergency occurs is of particular value to Police Officers.

The Emergency Medical Life File provides a substantial preventive step that a person can take. Its visibility and readability ensure that emergency personnel can access it quickly when responding to a call.

Imagine this scenario: An elderly woman has fallen and can't get up, but she manages to push her emergency alert button before becoming unconscious. What happens to the woman once the Fire Department and EMS personnel arrive if they cannot quickly figure out what her medical history is?

If Fire Department and EMS personnel cannot determine how to best treat her, the emergency button may not have helped much. Suppose, however the Fire Department and EMS personnel had immediate access to her medical history ~~~ a Emergency Medical Life File right there on her refrigerator door.

Across the nation, advocates and organizations for the elderly are teaming up with police, fire officials, emergency rescue units and local government personnel to support this simple ideal.

This file, which is kept on the outside of the refrigerator, list the patient's name, emergency medical contacts, insurance information, health problems, medications, dosages, allergies, recent surgeries, doctors name, and other important information.



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Emergency Medical LIFE FILE

Confidential Information
Forney Fire and E.M.S. Use ONLY



Forney Fire Department

Emergency Medical

Life File

972-552-2211 Office

972-564-7369 Fax



Name: _____

Address: _____

Phone Number: _____

Date of Birth: _____

Who to contact in case of Emergency:

Name: _____

Phone Number: _____

Name: _____

Phone Number: _____

Name: _____

Phone Number: _____

Hospital Preference: _____

Family Doctor: _____

Phone Number: _____

Medical Insurance Information:

Allergies:

1. _____
2. _____
3. _____
4. _____
5. _____

Past Medical History: (list newest to oldest)

	<u>Medical Issue</u>	<u>Date of Occurrence</u>
1.	_____	_____
2.	_____	_____
3.	_____	_____
4.	_____	_____
5.	_____	_____
6.	_____	_____
7.	_____	_____
8.	_____	_____
9.	_____	_____
10.	_____	_____
11.	_____	_____
12.	_____	_____
13.	_____	_____
14.	_____	_____
15.	_____	_____

Medications: (Fill out with pencil update as needed) Date of last update: _____

	<u>Medication</u>	<u>Dosage</u>
1.	_____	_____
2.	_____	_____
3.	_____	_____
4.	_____	_____
5.	_____	_____
6.	_____	_____
7.	_____	_____
8.	_____	_____
9.	_____	_____
10.	_____	_____
11.	_____	_____
12.	_____	_____
13.	_____	_____
14.	_____	_____
15.	_____	_____
16.	_____	_____
17.	_____	_____
18.	_____	_____
19.	_____	_____
20.	_____	_____

Note: Other Documents that need to be included in this packet include DNR Orders, Living Wills, Advanced Directives, etc...

Additional Information: _____

